



Fight the Flu! Get Your FREE Shots

OCTOBER 12-15, 2009

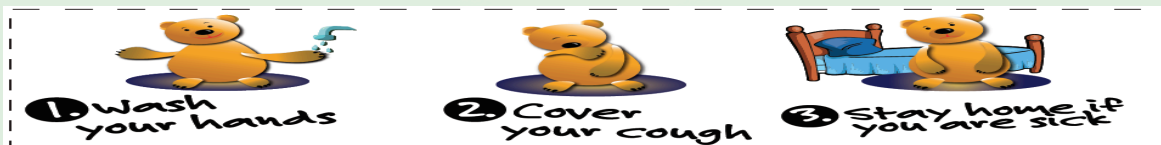
DE ANZA COLLEGE: Hinson Campus Center, Conf Rooms A & B
Monday/Tuesday, October 12-13, 2009: 10am-2pm

FOOTHILL COLLEGE: District Board Room
Wednesday/Thursday, October 14-15, 2009: 10am-2pm

- To protect yourself, you need a flu shot every year
- You must pre-register on-line for one of the above dates to receive a flu shot
- The 600 free vaccines will be provided on a first-come, first-serve basis
- An Employee ID or Kaiser/UHC insurance card is mandatory for identification purposes

IMPORTANT: While the seasonal flu vaccine is an important measure you can take to protect your health, it does not provide specific protection against novel H1N1 influenza (Swine Flu).

- **H1N1 Vaccine Update:** *The H1N1 vaccine is currently in clinical trials and vaccine distribution plans are being developed at the national and state level. Please be advised that the district's EPO, PPO and Kaiser HMO Medical Plans are providing this benefit free of charge to all members, including dependents. You may schedule an appointment with a nurse at your PCP or OB-GYN offices when the vaccines are available to receive this second shot and avoid having to pay a copay.*



Annual flu vaccinations are offered at no cost to all contract faculty, staff, and PT benefits eligible faculty.

NOTE: For information regarding the **Free Flu Shots registration portal**, please access the district's benefits web page: <http://hr.fhda.edu/benefits/> on or after **Tuesday, September 29, 2009**. An email reminder will be sent out to all benefited employees regarding the event.

THE PROGRAM IS SPONSORED BY THE WELLNESS ADVISORY COMMITTEE