Principal Benefits for Kaiser Permanente Traditional Plan (7/1/09-6/30/10)

The Services described below are covered only if all the following conditions are satisfied:

- The Services are Medically Necessary
- The Services are provided, prescribed, authorized, or directed by a Plan Physician and you receive the Services from Plan Providers inside our Northern California Region Service Area (your Home Region), except where specifically noted to the contrary in the *Evidence of Coverage (EOC)* for authorized referrals, hospice care, Emergency Care, Post-Stabilization Care, Out-of-Area Urgent Care, and emergency ambulance Services

Annual Out-of-Pocket Maximum for Certain Services	
For Services subject to the maximum, you will not pay any more Cost Sharing during a calendar year if the Copayments and	
Coinsurance you pay for those Services add up to one of the following amounts:	
For self-only enrollment (a Family of one Member)	
For any one Member in a Family of two or more Members	
For an entire Family of two or more Members	\$3,000 per calendar year
Deductible or Lifetime Maximum	None
Professional Services (Plan Provider office visits)	You Pay
Routine preventive care:	
Physical exams	
Well-child visits (through age 23 months)	
Family planning visits	
Scheduled prenatal care visits and first postpartum visit	•
Eye refraction exams	•
Hearing tests	
Primary and specialty care visits	
Urgent care visits	
Physical, occupational, and speech therapy	\$10 per visit
Outpatient Services	You Pay
Outpatient surgery and certain other outpatient procedures	\$10 per procedure
Allergy injection visits	No charge
Allergy testing visits	\$10 per visit
Vaccines (immunizations)	No charge
X-rays and lab tests	No charge
Health education:	
Individual visits	
Group educational programs	No charge
Hospitalization Services	You Pay
Room and board, surgery, anesthesia, X-rays, lab tests, and drugs	No charge
Emergency Health Coverage	You Pay
Emergency Department visits	\$50 per visit (does not apply if admitted directly
	to the hospital as an inpatient)
Ambulance Services	You Pay
Ambulance Services	No charge
Prescription Drug Coverage	You Pay
Most covered outpatient items in accord with our drug formulary guidelines	
from Plan Pharmacies or from our mail-order service.	
Generic items	\$5 for up to a 100-day supply
Brand-name items	
Durable Medical Equipment (DME)	You Pay
Covered DME for home use in accord with our DME formulary guidelines	
Mental Health Services	You Pay
Inpatient psychiatric hospitalization (up to 45 days per calendar year)	
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continued	
Mental Health Services	You Pay
Outpatient visits:	
Up to a total of 20 individual and group visits per calendar year	\$10 per individual visit \$5 per group visit
Up to 20 additional group visits that meet the Medical Group criteria in the	
same calendar year	
Note: Visit and day limits do not apply to serious emotional disturbances of children and severe mental illnesses as described in	
the EOC.	
Chemical Dependency Services	You Pay
Inpatient detoxification	
Outpatient individual visits	\$10 per visit
Outpatient group visits	\$5 per visit
Transitional residential recovery Services (up to 60 days per calendar year, not	
to exceed 120 days in any five-year period)	\$100 per admission
Home Health Services	You Pay
Home health care (up to 100 visits per calendar year)	No charge
Other	You Pay
Hearing aid(s) every 36 months	Amount in excess of \$500 Allowance per aid
Skilled nursing facility care (up to 100 days per benefit period)	No charge
Hospice care	No charge

This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, Cost Sharing, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Sharing. For a complete explanation, please refer to the *EOC*. Please note that we provide all benefits required by law (for example, diabetes testing supplies).