



FOOTHILL-DE ANZA
Community College District

WELLNESS

YOU CAN AFFORD TO **QUIT** SMOKING

and earn **\$200** taxable gift card reward
for your accomplishment too.

QuitPower® Program (6 months) offers:

No copays, coinsurance, deductibles, or dollar limits

Free Nicotine Replacement Therapy (NRT)

Personal Coaching

Customized Quit Plan

Ask your doctor about quitting.

Talk to **OptumHealth** – your wellness partner today.

1-877-QUIT-PWR (1-877-784-8797)

New package of benefits

—Take advantage of it.

Note: The program is restricted to full-time/reduced-contract employees and qualified smokers. Activity is one-time only or non-repeatable within 12 months.

OptumHealthSM
Optimizing Health and Well-Being™