



FOOTHILL-DE ANZA
Community College District

EMPLOYEE BENEFIT BOOKLET

District Out-of-Area Medical Plan
Prescription Drugs

UnitedHealthcare **OUT-OF-AREA** Health Plan

Effective: July 1, 2009

Group Number: 708611



SECTION 5 - PLAN HIGHLIGHTS

The table below provides an overview of Copays that apply when you receive certain Covered Health Services, and outlines the Plan's Out-of-Pocket Maximum and Lifetime Maximum Benefit.

| District Out-of-Area Medical Plan | |
|---|---|
| Lifetime Maximum Payment Limits | |
| ■ Hospice Care..... | \$10,000 |
| ■ All Other Benefits (for any medical plan provided by FHDA)..... | \$2,000,000 |
| Annual Maximum Limits | |
| ■ Hearing Aids and Services..... | \$1,000 |
| ■ Mental and Nervous Outpatient Visits (limited to one visit per day)... | 25 visits per calendar year |
| ■ Substance Abuse Inpatient Day Limit..... | 30 days per calendar year |
| ■ Substance Abuse Outpatient Maximum Benefit..... | \$2,000 and a maximum of \$50 per visit |
| Your employer also offers an Employee Assistance Program through United Behavioral Health EAP. This program enables you and your Dependents to receive an additional five (5) outpatient visits payable at 100% before you seek treatment elsewhere. | |
| Copay Amounts | |
| ■ Physician Office | \$20 per visit |
| ■ Routine Health Screenings..... | \$20 per visit |
| ■ Speech Therapy..... | \$20 per visit |
| ■ Physical Therapy..... | \$20 per visit |
| ■ Chiropractic Services..... | \$20 per visit |
| Covered Charges will be payable at 100% after the Copay amount. The Copay amount will not count toward satisfaction of the Out-of-Pocket Maximum and will continue to apply after the Out-of-Pocket Maximum has been reached. | |
| Emergency Room Copay Amount | \$50 per visit* |
| *Copay waived if admitted. There is a \$100 maximum Copay per person per calendar year. For a family of three or more, there is a \$300 maximum Copay for the calendar year. For a family of three or more, no one individual can contribute more than \$100 toward the maximum Copay amount. One person cannot meet the \$300 maximum for the family. Once an individual has met his or her \$100 maximum, that one individual no longer pays an Emergency room Copay for the remainder of that calendar year. The other individuals in the family will need to continue to meet their \$100 maximum each or the family maximum of \$300, whichever comes first. | |

| District Out-of-Area Medical Plan | |
|--|---------|
| Out-of-Pocket Maximums | |
| ■ Per Person | \$400 |
| ■ Per Family | \$1,200 |
| <p>If the amount you pay for Eligible Expenses in any one calendar year reaches the Out-of-Pocket Maximum shown above, subsequent covered medical Benefits will be payable at 100% for the remainder of the calendar year (except as described above for Copay amounts).</p> <p>The amounts that do not apply toward the Out-of-Pocket Maximum are:</p> <ul style="list-style-type: none"> ■ the Physician office Copay amount; ■ the Routine Health Screening Copay amount; ■ the Speech Therapy Services Copay amount; ■ the Physical Therapy Services Copay amount; ■ the Chiropractic Services Copay amount; ■ the Urgent Care Copay amount; ■ the per Emergency room visit Copay amount; ■ the amount you must pay because of penalty charges for failure to comply with notification requirements described below; ■ charges that exceed Eligible Expenses; ■ the benefit percentage for Mental Health and Substance Abuse Treatment; and ■ private duty nursing care. | |

This table provides an overview of the Plan's coverage levels. For detailed descriptions of your Benefits, refer to Section 6, *Additional Coverage Details*.

| Covered Health Services ¹ | Percentage of Eligible Expenses Payable by the Plan: |
|---|--|
| Acupuncture/Acupressure Services (Copay is per visit) | 100% after you pay a \$20 Copay |
| Additional Accident Benefit | 100% |
| Allergy Injections/Serum | 100% |
| Ambulance Services - Emergency Only <ul style="list-style-type: none"> ▪ Ground: <ul style="list-style-type: none"> - First \$50 of Eligible Expenses 100% - Thereafter 80% ▪ Air: <ul style="list-style-type: none"> - First \$500 of Eligible Expenses 100% - Thereafter 80% | |
| Ambulatory Surgical Center | 100% |
| Artificial Limbs and Artificial Eyes | 80% |
| Audiology/Hearing Aid Expenses Limited to \$1,000 annually. Includes hearing aids and fittings. Batteries not included in annual maximum. | 80% |
| Birthing Centers | 100% |
| Blood Transfusions Including un-replaced blood and blood plasma. | 80% |
| Chiropractic Services (Copay is per visit) | 100% after you pay a \$20 Copay |
| For the services of a chiropractor only if the services would have been covered if provided by a Physician or Surgeon. Spinal manipulations are covered. | |

| Covered Health Services¹ | Percentage of Eligible Expenses Payable by the Plan: |
|--|---|
| Cochlear Implants | 100% |
| Congenital Heart Disease (CHD) (These Benefits are for Covered Health Services provided through CHD only) | 100% |
| Dental Services - Accident Only | 100% |
| Diagnostic X-ray and Lab Includes mammograms | 100% |
| Durable Medical Equipment (DME) Includes surgical bandages, casts, splints, braces and crutches. | 100% |
| Emergency Room <ul style="list-style-type: none"> ▪ If due to an Emergency as defined ▪ All other emergencies | 100% after you pay a \$50 Copay 80% after you pay a \$50 Copay |
| If the \$50 Copay described above is not waived or the Out-of-Pocket Maximum has not been satisfied, the Copay amount will be applied prior to the 100% or 80% Coinsurance payment. | |
| Extended Care Facility | 100% |
| Home Health Care Limited to 60 visits per calendar year with four hours equaling one visit. | 100% |
| Hospice Care Limited to \$10,000 maximum lifetime benefit for each Covered Person. | 100% |
| Hospital - Inpatient Stay | 100% |
| Infertility Services – Diagnostic Only <ul style="list-style-type: none"> ▪ Physician's Office Services (Copay is per visit) ▪ Outpatient services received at a Hospital or Alternate Facility | 100% after you pay a \$20 Copay 100% |
| Injections in a Physician's Office | 100% |

| Covered Health Services ¹ | Percentage of Eligible Expenses Payable by the Plan: |
|---|---|
| Massage Therapy When performed by a Physician or health care extender. | 100% |
| Maternity Services <ul style="list-style-type: none"> ▪ Prenatal care (No Copay applies for prenatal visits after the first visit.) ▪ Delivery, post-natal care and any related complications - Physician's Office Services (Copay is per visit) - Hospital - Inpatient - Professional Fees for Surgical and Medical Services | <div style="text-align: center;">100% after you pay a \$20 Copay</div> <div style="text-align: center;">100% after you pay a \$20 Copay</div> <div style="text-align: center;">100%</div> <div style="text-align: center;">100%</div> |
| United Behavioral Health EAP: Your employer offers an Employee Assistance Program through United Behavioral Health EAP. This program enables you and your covered Dependents to receive up to five (5) outpatient visits payable at 100%. It is recommended that, before seeking treatment or service elsewhere, you utilize this program first, then any additional treatment or services will be payable as described below. | |
| Mental Health and Substance Abuse Treatment - Inpatient and Intermediate | 100% |
| Substance abuse treatment is limited to 30 days per calendar year. | |
| Mental Health and Substance Abuse Treatment – Partial Hospitalization | 100% |
| Two days of partial hospitalization equals one day of inpatient services and will reduce any inpatient day limit accordingly. | |
| Mental Health and Substance Abuse Treatment – Outpatient <ul style="list-style-type: none"> ▪ Mental/Nervous Treatment - Outpatient (Copay is per visit) | 100% after you pay a \$20 Copay |
| Limited to 25 visits per calendar year and further limited to one visit per day. | |

| Covered Health Services¹ | Percentage of Eligible Expenses Payable by the Plan: |
|--|--|
| <ul style="list-style-type: none"> Substance Abuse Treatment - Outpatient | 50% |
| Limited to \$2,000 per calendar year, one visit per day and \$50 maximum per visit. | |
| Obesity Surgery <ul style="list-style-type: none"> Physician's Office Services (Copay is per visit) Professional Fees for Surgical and Medical Services Hospital - Inpatient Stay Outpatient Surgery, Diagnostic and Therapeutic Services | <p>100% after you pay a \$20 Copay</p> <p>100%</p> <p>100%</p> <p>100%</p> |
| Outpatient Hospital Services | 100% |
| Outpatient Surgery, Diagnostic and Therapeutic Services | 100% |
| Physical Therapy (Copay is per visit) | 100% after you pay a \$20 Copay |
| Physician Hospital Services | 100% |
| Physician's Office Services (Copay is per visit) | 100% after you pay a \$20 Copay |
| Preventive Care/Routine Health Screenings (Copay is per visit) | 100% after you pay a \$20 Copay |
| Private Duty Nursing - Outpatient | 100% |
| Professional Fees for Surgical and Medical Services | 100% |
| Prosthetic Devices | 80% |
| Reconstructive Procedures <ul style="list-style-type: none"> Physician's Office Services (Copay is per visit) | 100% after you pay a \$20 Copay |

| Covered Health Services¹ | Percentage of Eligible Expenses Payable by the Plan: |
|---|---|
| <ul style="list-style-type: none"> ▪ Hospital - Inpatient Stay ▪ Professional Fees for Surgical and Medical Services ▪ Outpatient Surgery, Diagnostic and Therapeutic Services | <p style="text-align: center;">100%</p> <p style="text-align: center;">100%</p> <p style="text-align: center;">100%</p> |
| Rehabilitation Services - Outpatient Therapy (Copay is per visit) | 100% after you pay a \$20 Copay |
| Skilled Nursing Facility/Inpatient Rehabilitation Facility Services | 100% |
| Speech Therapy (Copay is per visit) A Physician's referral is required. | 100% after you pay a \$20 Copay |
| Spinal Treatment (Copay is per visit) | 100% after you pay a \$20 Copay |
| Temporomandibular Joint Dysfunction (TMJ) | 100% |
| Includes surgery to correct TMJ and non-surgical treatment of TMJ. Non-surgical treatment does not include orthodontia. | |
| Transplantation Services (If services rendered by a Designated United Resource Networks Facility) | 100% |
| Travel and Lodging (If services rendered by a Designated United Resource Networks Facility) | For patient and companion(s) of patient undergoing Congenital Heart Disease treatment or transplant procedures |
| Urgent Care Center Services (Copay is per visit) | 100% after you pay a \$20 Copay |
| All Other Covered Charges | 100% |

¹ You must notify Care CoordinationSM, as described in Section 4, to receive full Benefits for certain Covered Health Services. See Section 6, *Additional Coverage Details* for further information.

SECTION 14 - PRESCRIPTION DRUGS

Prescription Drug Coverage Highlights

The table below provides an overview of the Plan's Prescription Drug coverage. It includes Copay amounts that apply when you have a prescription filled at a Network Pharmacy. For detailed descriptions of your Benefits, refer to *Retail* and *Mail Order* in this section.

| Covered Health Services ¹ | Percentage of Eligible Expenses Payable by the Plan: |
|--|--|
| | Network |
| Retail - up to a 30-day supply | 100% after you pay a: |
| ▪ Generic | \$5 Copay |
| ▪ Brand Name ² | \$15 Copay |
| Mail Order - up to a 90-day supply | 100% after you pay a: |
| ▪ Generic | \$10 Copay |
| ▪ Brand Name ² | \$30 Copay |
| Half Tablet Program³ - up to a 90-day supply | 100% after you pay a: |
| ▪ Generic | \$5 Copay |
| ▪ Brand Name ² | \$15 Copay |

¹You must notify UnitedHealthcare to receive full Benefits for certain Prescription Drugs. Otherwise, you may pay more out-of-pocket. See *Notification Requirements* in this section for details.

² Each prescription and each refill will be filled with a Generic Prescription Drug, if there is a generic equivalent available. Whenever a Brand Name Drug is dispensed but a generic equivalent was available, you must pay the difference between the Generic Drug price and the Brand Name Drug price, in addition to the Generic Drug Copay amount. However, if the Physician specifies that the medication prescribed must be a Brand Name Drug and has indicated "Dispense as written" on the prescription, the Brand Name Drug Copay amount will apply. If there is no generic equivalent available and a Brand Name Drug is dispensed, the Brand Name Drug Copay will apply.

³***Half Tab (pill splitting) is not appropriate for every type of medication. Do not make any changes in your medications or the way you take your medications without first consulting your physician.***

Rx Mail Order Out-of-Pocket Maximum: The maximum per calendar year that an individual Covered Person will have to pay for mail order prescription Copayments is \$500.