



KAISER PERMANENTE®

Chiropractic care

Chiropractic services are administered by American Specialty Health Plans of California, Inc.® (ASH Plans)

Services

This chiropractic benefit is limited to Medically Necessary Chiropractic Services for the treatment or diagnosis of neuromusculoskeletal disorders. You can obtain services from any ASH Plans Participating Chiropractor without a referral from a Kaiser Permanente physician.

Copayment and office visit maximum

Office visit copayment: \$10 per visit

Office visit limit: 30 visits per calendar year

Chiropractic appliance benefit: Chiropractic appliances are payable up to a maximum of \$50 per year when prescribed by an ASH Plans Participating Chiropractor and authorized by ASH Plans.

Office visits: Except for the initial examination by an ASH Plans Participating Chiropractor, Covered Services are limited to Medically Necessary Chiropractic Services provided by an ASH Plans Participating Chiropractor and approved by ASH Plans.

X-rays and laboratory tests: X-rays and laboratory tests are provided at no charge when referred by a Participating Chiropractor, authorized by ASH Plans as Medically Necessary, and provided by an appropriately licensed participating provider which has contracted with ASH Plans to provide those Services.

Participating Chiropractors

If you require the services of a chiropractor, simply call an ASH Plans Participating Chiropractor to schedule an initial examination. After the initial examination, except for services provided pursuant to a treatment plan approved by ASH Plans, and Emergency Chiropractic Services, your Participating Chiropractor must obtain preauthorization for any additional Covered Services as described in the *Chiropractic Services Amendment of the Kaiser Foundation Health Plan, Inc., Evidence of Coverage*. A directory of ASH Plans Participating Chiropractors is included with your enrollment materials. You may also obtain a directory of ASH Plans Participating Chiropractors by calling the ASH Plans Member Services Department at **1-800-678-9133**, 5 a.m. to 6 p.m., Monday through Friday, or find the name of an ASH Plans Participating Chiropractor in your area from their Web site at **www.ashplans.com**.

Emergency services

Your chiropractic benefit covers emergency services to the extent they comprise Emergency Chiropractic Services. Emergency Chiropractic Services are Medically Necessary Chiropractic Services that are covered and rendered for the sudden and unexpected onset of an injury or condition affecting the neuromusculoskeletal system which manifests itself by acute symptoms of sufficient severity, including severe pain, such that a prudent layperson, who possesses an average knowledge of health and medicine, could reasonably expect the absence of immediate chiropractic attention to result in placing the health of the individual (or with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy; serious impairment to bodily functions; serious dysfunction of any bodily organ or part, or decreasing the likelihood of maximum recovery.

This is a summary and is intended only to highlight the most frequently asked questions about the benefit, including copayments. Please refer to the *Chiropractic Services Amendment of the Kaiser Foundation Health Plan, Inc., Evidence of Coverage* for a detailed description of the chiropractic benefit, including exclusions and limitations and Emergency Chiropractic Services.